

Behavior Management A Trouble Shooting Worksheet

Name: _____ Date: _____

List two things that you have done well in managing your child's behavior problem.

1. _____
2. _____

Is the behavior problem specific, observable and measurable?

Write the behavior problem here (Be specific)

Have you identified the antecedents clearly?

Where does the behavior occur?

With whom does the behavior occur?

When does the behavior occur?

Under what demands does the behavior occur?

What state is the child in when the behavior occurs?

Have you located better consequences? List them here.

1. _____
2. _____
3. _____
4. _____

Does the behavior problem fit the criteria for:

Redirection? _____ Why? _____

Time Outs? _____ Why? _____

Planned Ignoring? _____ Why? _____

Removal of Reward? _____ Why? _____

Forced Compliance? _____ Why? _____

Other? _____ Why? _____

When the Behavior occurred, did you deliver consequences immediately, consistently and contingently? _____

Did you keep records each time the behavior problem occurred? _____

Is there anything that you would do differently the next time the problem behavior occurs? _____

What alternative behaviors are you rewarding? List them here.

1. _____
2. _____
3. _____

Does your child know how to perform these alternative behaviors? _____

Is not, would a teaching plan increase your child's skills in this area? _____

How will you teach these alternative behaviors?
